

INCREDIBLE YEARS

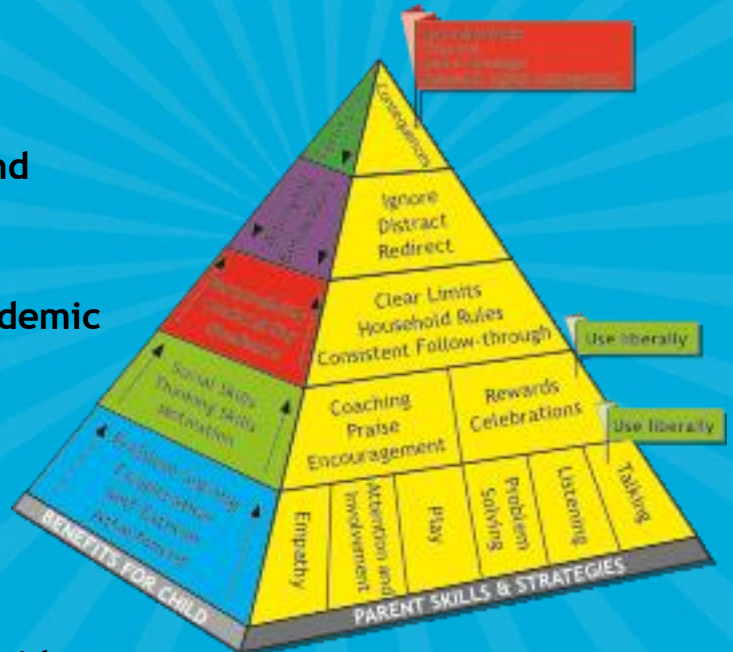


School Age Programme

The Incredible Years School Age group work programme is primarily aimed at parents/carers of children aged 5-12. It works to strengthen parent-child interaction and attachment.

Parents will be supported to:

- Promote positive behaviours in their school age children
- Reduce challenging behaviour and promote problem solving skills
- Promote their child's social, academic and emotional development
- Set rules regarding computer, TV etc use
- In the parenting groups trained Incredible Years facilitators use video clips of real life situations to support training and stimulate group discussion.



Thursday 15th April 2021, 10.00am - 11.30am
12 weeks via zoom

Programme available to parents in Southern Trust area only

For further information/referral form contact Lorraine O'Neill:

Email: parenting.partnership@southerntrust.hscni.net Mob: 07880 474 747